

Passions Assessment

Your heart or passions are the things you love to do. You have a God-given passion or deep desire to do certain things. Conversely, there are certain things you hate to do.

Answering the following questions will help you identify your heart's desire things you should pursue, and also things you dislike and should avoid.

1. If you could do anything you wanted to do, what would it be?
2. What are the things that really should be done to improve life?
3. What are the things that you feel compelled to do or see done?
4. When you are dreaming about the future and what you would like to do "some day," what is that dream?
5. What things have you done in the past that really excited you?
6. What things have you done in the past that you excelled at?
7. Do you have a God-given vision about doing something for the Kingdom of God? or for others in the future? If so, what is the vision?
8. Describe your "ideal life." What would it look like?
9. What kind of things do you hate doing, things that drain you?

Instructions:

After answering all these questions look back over your responses. Circle key words or phrases that stand out as your most important passions. Think in terms of these things:

1. What are the actions/action words that stand out?
2. Who are the target recipients/audience of these actions?
3. What are the desired end results of these actions with these people?

Write a brief summary of what you discover. Share your conclusions with a trusted friend and ask them if they describe what they perceive to be your passions.

Nest Step: Take the full GPS Life Journey and discover God's unique plan for your life!